

Russ Knots

BEFORE YOU GO CRAZY, THERE'S SOMETHING YOU SHOULD KNOW. Norwegians are quite crazy and quite tolerant. Norwegians are used to their cities being turned upside down every May. And even some Norwegians think that some (or most) of the Russ knots go to far. Many of the knots are listed exclusively for illustrative purposes. The bottom line is that you're responsible for your own actions, and something being a *Russ Knot* is not a valid excuse. As far as we know, *Code of Conduct* still applies

NOW THAT THE FORMAILITIES ARE OUT OF THE WAY, LET'S GET STARTED WITH THE RULES! The competition lasts from the Assembly on Monday, until the party on Friday. Complete as many knots as you possibly can by then, and the one who manages to do the most will get an awesome prize. The only rule is that you need to have at least one witness (a person that can confirm that you completed the knot). And you need to count up your knots by Friday night. It's really that easy.

Good luck and get wild!

PILLOW

24 hours (86,400 seconds) without sleep

LIPSTICK

Get the signature and phone number of five college people that you've hooked up with

CANDY LIPS

Make out with a project week organizer

FEATHER

Twenty jumping jacks on a crosswalk

CLOTHES PIN

Give a Project week organizer a massage

BREAD

Wearing breads as shoes for a whole day

HOURLASS

Set your clocks two hours forward for a day, and live your life accordingly.

NIPPLE

Make out with a firstie

LIGHT BULB

Have a serious conversation with a light pole for at least ten minutes

REFLEX

Greet everyone crossing the street, give them a handshake, and welcome them to *the other side*

ICE CREAM STICK

Take a bath outside

BEER LABEL

Drink a beer/cider without using your hands or any other form of assistance

PINK FEATHER

Make out with a person of the same gender

CAMEL

Eat a spoon of cinnamon without drinking anything

BALLPOINT PEN

Don't fail on any of the tests that you get back during the week

SHOELACE

Crawl from the canteen to school

PART OF A ROPE

Walk with a fellow student on a leash for a whole school day

RECEIPT

Buy a homeless person food

FLAG

Participate in all the official cultural week events

FISHING CORD

Get five refusals on sex in one night

RAINBOW

Dance to the song *YMCA* in the canteen

LETTER G

Simulate an orgasm in a public lavatory

BRAZILIAN FLAG

Attend both the latina dance work shop and the latina party

PACK OF CONDOMS

Buy a pack of condoms only by using sign language

TOY CAR

Walk twenty rounds around a roundabout

PART OF PACKING

Eat ten cookies in one minute

MUSTACHE

Wear a mustache for a whole day

WINE CORK

Drink a bottle of wine in 30 minutes

SODA CORK

Stay sober throughout the week

NAME TAG

Call all boys *Romeo*, and all girls *Juliet* for a whole day

PIECE OF CALENDAR

Tell random people that the end is near

RUBBER DUCK

Take a bath with a fellow student in a fountain

CANDY FISH

Take your dead or frozen fish (or a picture of one) for a walk through town while conversing with it, and ask passers-by for the closest veterinary

RING

Hold a spontaneous speech at the beginning of a lesson, where you tell the class how much you love a first-year

DOLL

Walk around with an inflatable doll in a public place, and pretend that it's your spouse

BEER CORK

Crawl into a store to buy beer. If you can't reach the beer, you'll have to ask someone you don't know to get it for you

SMILEY

Buy a project week organizer chocolate (or something else)

TOY SPADE

Play in the park or on a playground together with at least one other fellow student for 30 minutes

PIECE OF PORN MAGAZINE

Respond to all questions that a teacher asks you by reading out loud from a porn magazine

PICTURE OF GOD

Ask a Project week organizer for five knots you should take, and complete at least three of them

PIECE OF HAIR

Let a fellow student cut your hair

SPOP WATCH

Drink a beer/cider in ten seconds

PINE CONE

Have sex in the forest

CARD OF STUDENT

Be a student's slave for a whole day

TAMPON

Put two tampons in your mouth and drink a beer or a cider

PART OF VEGETABLE

Give a random person a vegetable, then sneak away while staring intensely at him

ROSE PETEL

Romantic date (incl. flowers, candles, etc.) with your favorite firstie in the school canteen

TOY PET

Pretend that you're an animal for a whole school day

TWIG

Come 30 minutes early for school, and spend them sitting in a tree

YOGHURT SPOON

Get into a student's bed, assume *spoon position*, wake them up and thank them for a great night

STAR

Attend at least two more Service CAS-meetings than you have to

HEART

Hug at least 100 people in one day

COIN

Walk into a grocery store and haggle the price – upwards

PLASTIC GLOVE

Clean some trash between Susac or Musala and school for at least 15 minutes

PICTURE OF MAJA OR ALISSA

Give your housefellow flowers.

TOWEL

Do a speed control, using a blow-dryer and a reflex vest.